

Hockey Development Camp

AUGUST 23rd TO 27th

Camp Specifics

- Daily Specialized on ice Instruction will focus on fundamentals of hockey.
- Power Skating sessions to increase skating speed, agility and endurance
- Have fun making rapid strides in your game through this specially-designed intensive development-focused program
- *Variety of teaching methods, including both strong fundamentals, and new innovative techniques for that extra edge!*



Ice Time

- 1.5 hours on ice x 2 per day
- Novice 11-12:30 & 3:30 - 5:00
- Atom 12:30 - 2:00 & 5:00 - 6:30
- Pee wee/Bantam 2:00 - 3:30 & 6:30 - 8:00
- All on ice sessions will take place at the Macintyre Arena

Ages

- Novice - 2002 - 2003
- Atom - 2000 - 2001
- Pee wee - 1998 - 1999

Cost

- 300\$ per player
- Chqs made payable to the Norfab Jr Gold Kings

Contacts

- For more information, please contact Ron Holmes at 365-7371

